

BREADED BATTERED

COD

3 WAY COOK

122C	8-10oz BATTERED COD FILLET 15 per Case	Case
122G	7-8oz BATTERED COD FILLET 15 per Case	Case
122H	6-7oz BATTERED COD FILLET 18 per Case	Case
122J	5-6oz BATTERED COD FILLET 24 per Case	Case
122K	4-5oz BATTERED COD FILLET 24 per Case	Case
123D	5-6oz BREADED COD FILLET 24 per Case Natural Crumb	Case

HADDOCK

3 WAY COOK

128K	7-8oz BREADED HADDOCK FILLET 15 per Case Natural Crumb	Case
128F	6-7oz BREADED HADDOCK FILLET 18 per Case Natural Crumb	Case
128C	5-6oz BREADED HADDOCK FILLET 24 per Case Natural Crumb	Case

PLAICE & SOLE

3 WAY COOK

116G	7-8oz BREADED PLAICE FILLET 15 per Case Natural Crumb	Case
116J	6-7oz BREADED PLAICE FILLET 18 per Case Natural Crumb	Case
116L	5-6oz BREADED PLAICE FILLET 24 per Case Natural Crumb	Case
116A	BREADED PLAICE GOUJON 5 x 1 kg Case Natural Crumb	Kg
109f	LEMON SOLE GOUJONS 10 X 454 gm Case Natural Crumb	454gm
065R	ARCTIC SOLE FILLET WITH LEMON & PEPPER CRUMB 1.6 kg Case	Case

SCAMPI & PRAWNS SQUID

3 WAY COOK

062C	AQUABLUER WHOLE TAIL BREADED SCAMPI - 10X454 gm Case Natural Crumb	454gm
068K	BREADED BUTTERFLY PRAWN 25 per 500 gm 12x500 gm Case	Kg
066D	FILO WRAPPED KING PRAWN 26-30 per 500 gm 12X500 gm Case	Kg
139I	BATTERED SQUID RINGS 12X500 gm Case	Kg
139K	CRISPY BREADED SQUID STRIPS- 5X1 kg Case	Kg